

Boys Spring Track & Field 2024

18 -Varsity Letter Award Winners

As of 4/20/24

7-Seniors	7-Juniors	3-Sophomores	1-Freshman
Anello	DaCosta	Fleetwood	Agbayewa
Gannon	Fazzini	Imperato	
Goens	Foster	Quinn	
Shotter	Jones		
Simmons	Lisbon		
Surozenski	Vitucci		
Fialho	DeVito		

Requirements to earn a Varsity Track & Field Letter

- *All juniors and seniors that make the team have qualified if they fulfill all requirements
- *Freshmen and Sophomores obtain the results posted below will qualify for a varsity letter
- *An athlete must be in good standing on the team and in school to qualify
- *An athlete must be invited and available to compete in the NSCHSAA Varsity League Championships

<u>Running Events</u>		<u>Field Events</u>
100m Dash: 12.24	1600m Run: 4:58	Long Jump: 17' 6"
110m HH: 18.74	3200m Run: 10:40	Triple Jump: 37' 6"
200m: 26.24	3000m SC: 10:40	High Jump: 5'
400m Dash: 58.00	2000m SC: 7:00	Pole Vault: 8'
400m IH: 62.50		Shot Put 12lb: 34' – 30' (8lb)
800m: 2:10		Discus: 95'

***Athletes that are VERY close can be added at the coaches' discretion**

All others will be awarded a JV Letter or a Freshman Certificate